



250 LB BENCH PRESS CLUB

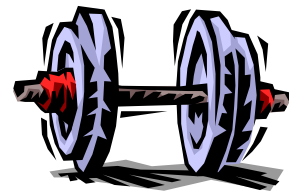
CURRENT

R. Brenner-310

C. Bowles-260

M. Armstrong-255

E. Farr-255



BENCH PRESS 250 LBS ONE TIME



300 LB BENCH PRESS CLUB

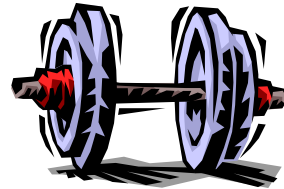
ALL TIME

**TIM HAMER
LUKE WHITSON
KYLE CAPRIA
E. ROSENTHAL
R. BARCKLAY
L. LAMBERT
T. COBB
PAT TURNER
MATT WILLIAMS
TYLER ELSON
TONY YORK
T. ENDICOTT
T. BARBOUR
B. MOOREHOUSE
G. NALE
K. ZOLLER**

CURRENT

**BROCK KELLY
COACH NAGY**

**BENCH PRESS 300 LBS ONE
TIME**





350 LB SQUAT CLUB

CURRENT

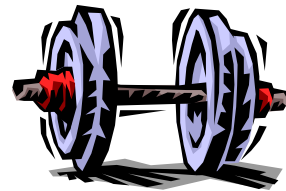
R. Brenner-455

C. Bowles-430

JT Macy-365

C. Carlino-350

B. Warner-350



**PARALLEL SQUAT 350 LBS
ONE TIME**



250 LB POWER CLEAN CLUB

CURRENT

ALL TIME

T. HAMER
B. CANADA
L. WHITSON
K. CAPRIA
J. BETHEA
E. ROSENTHAL
A. FLICK
D. MACI
J. EILAND
T. COBB
A. LOEFFLER
B. MAGSAMEN
L. LAMBERT
R. BARCLAY
J. REITZ
J. BELLMAN
C. BOURKE
M. WILLIAMS
C. LIBKA
B. KRAMER
T. ELSON
J. KLEIN
P. TURNER
B. KRAMER
J. JEFFERSON
C. MARKS
Z. SYRUS

ALL TIME

T. ENDICOTT
K. CUMMINS
T. CAMPBELL
J. ENGELBERTH
T. BARBOUR
T. TURSI
T. YORK
T. COFFEY
J. MEES
B. WILSON
R. ARNOLD
C. ZAGAR
S. KINLEY
G. NALE
S. SHAPIRO
J. GRAHAM
S. SEXTON
R. STITT
A. GEMMER
K. ZOLLER
B. ENGELHART
B. MOOREHOUSE
J. KLEBER
T. HOFFMAN
M. ARNOTT
A. KENNEDY

B. KELLY

M. BERESFORD

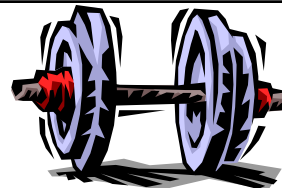
B. MARKS

C. CRONK

E. MARKS

S. EATON

POWER CLEAN 250 LBS
ONE TIME

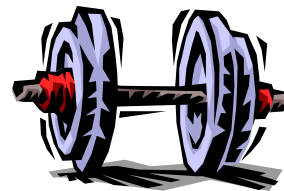




225 LB PWR. CLEAN CLUB

CURRENT

**C. Carlino-265
R. Brenner-260
N. Rohr-240
Z. Heiniger-235
B. Kiel-225
E. Alvarez-225**



**POWER CLEAN 225 LBS
ONE TIME**



800 LB POWER CLUB

CURRENT

R. Brenner-1025

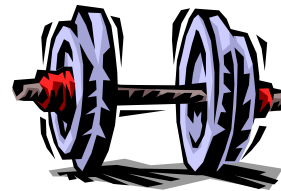
C. Bowles-895

C. Carlino-850

N. Rohr-820

JT Macy-810

Z. Heiniger-800



**TOTAL OF 3 LIFTS DONE IN THE SAME
TESTING PER. (BENCH, SQUAT, CLEAN)**



400 LB SQUAT CLUB

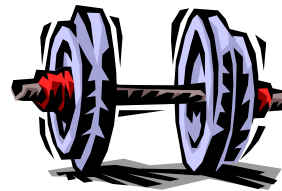
ALL TIME

T. HAMER
B. TOWLE
L. WHITSON
D. FLEENOR
R. ELLIOTT
L. BERRY
J. BETHEA
K. CAPRIA
J. AKERS
E. ROSENTHAL
A. FLICK
T. COBB
R. BARCLAY
C. SIMINSKI
L. LAMBERT
J. BELLMAN
C. LIBKA
M. WILLIAMS
B. WALKER
A. MARTIN
P. TURNER
C. BOURKE
R. ARNOLD
T. YORK
T. CAMPBELL
J. MEES
T. BARBOUR
C. MARKS

A. GEMMER
G. NALE
K. ZOLLER
B. ELDER

CURRENT

**PARALLEL SQUAT 400 LBS
ONE TIME**





200 LB X 10 BENCH PRESS CLUB

ALL TIME

TIM HAMER
LUKE WHITSON
STEVE SHUFF
DAVID FLEENOR
M. KAISER
E. ROSENTHAL
K. CAPRIA
L. BERRY
T. COBB
L. LAMBERT
R. BARCLAY
B. MAGSAMEN
J. EILAND
C. SIMINSKI
K. NIX
A. MARTIN
P. TURNER
J. BELLMAN
T. ELSON
C. LIBKA
J. JEFFERSON
M. WILLIAMS
A. GIBSON
M. ADAMS
C. BOURKE
B. WALKER
S. BOONE
J. REITZ
T. ENDICOTT
T. COFFEY

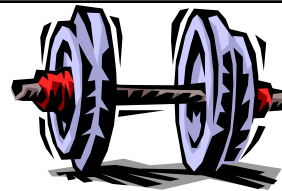
ALL TIME

T. YORK
T. BARBOUR
T. TURSI
Z. SYRUS
J. MEES
R. ARNOLD
B. HESS
K. CUMMINS
T. CAMPBELL
C. MARKS
B. MOOREHOUSE
G. NALE
A. GEMMER
S. MONTANA
C. ZAGAR
Z. MAYNER
K. ZOLLER
S. SHAPIRO
J. GRAHAM
J. KLEBER
S. KINLEY
S. SEXTON

CURRENT

B. KELLY
J. MORROW
S. EATON
N. SLIGER

**BENCH PRESS 200 LBS TEN
TIMES IN A ROW**





950 LB POWER CLUB

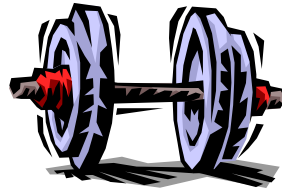
ALL TIME

T. HAMER
D. FLEENOR
L. WHITSON
L. BERRY
K. CAPRIA
E. ROSENTHAL
T. COBB
R. BARCLAY
L. LAMBERT
CORY LIBKA
J. BELLMAN
M. WILLIAMS
C. BOURKE
P. TURNER
T. YORK
J. MEES
T. CAMPBELL
T. BARBOUR
R. ARNOLD
Z. SYRUS
C. MARKS
G. NALE
K. ZOLLER
C. ZAGAR

CURRENT

BROCK KELLY

TOTAL OF 3 LIFTS DONE IN THE-
SAME TESTING PER. (BENCH,
SQUAT, CLEAN)





375 LB SQUAT CLUB

ALL TIME

**A. STEVENSON
R. ELLIOTT
A. FLICK
C. CARTER
D. MARKS
J. EILAND
CORY LIBKA
M. ROSENTHAL
T. CAMPBELL
T. BARBOUR
A. GEMMER
B. ENGELHAR**

CURRENT

**PARALLEL SQUAT 375 LBS ONE
TIME FOR BODY WEIGHT UNDER
190 LBS**

