



# June 2012

SUN	MON	TUE	WED	THU	FRI	SAT
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**workouts:**  
**Monday, Wed, Thur**

**Weight lifting times :**  
 7:45 to 9:30—  
 10th –12th Grade

**Freshman**– Mon/Wed/Thur

9:15 a.m.– 10:35 a.m.

**Conditioning Camp (Jr High)** Mon/Wed

8th /7th grade 10:25-11:40

**MONDAY NIGHT FOOTBALL**  
 7 pm

7-on-7 –all skill players  
 OL/DL/Sam– line skills

This is for **ALL grades 9-12**, we will get a lot of work in on Monday nights .

Line will be at HSE on game field (7 to 8:15 PM)

					1	2
3	4	5	6	7	8	9
	Weights		Weights	Weights		
	MNF –everyone					
1 0	1 1	1 2	1 3	1 4	1 5	1 6
	Weights		Weights	Weights		
	MNF –skill only					
<b>Metro Line Camp—HERE at HSE, Get signed up</b>						
1 7	1 8	1 9	2 0	2 1	2 2	2 3
	Weights		Weights	Weights		
	MNF –everyone					
2 4	2 5	2 6	2 7	2 8	2 9	3 0
	Weights		Weights	Weights		
	MNF –everyone					



# July 2012

**workouts:**  
**Monday, Wed, Thur**

**Weight lifting times :**  
 7:45 to 9:30—  
 10th –12th Grade

**Freshman**– Mon/Wed/Thur  
 9:15 a.m.– 10:35 a.m.

**Conditioning Camp (Jr High)** Mon/Wed  
 8th /7th grade 10:25-11:40

**Varsity Practice Times**

Monday—Friday  
 Saturday Time TBA  
 7:30 to 10:30 a.m.  
 4 pm to 6:30 pm

**Freshman Times**

Monday– Friday times below  
 Saturday Time TBA

**Monday the 1st**

8:15 a.m. to 1:30

**Tue.—Fri**

7:30 a.m. to 1 PM  
 Bring a sack lunch you will  
 have a lunch break

SUN MON TUE WED THU FRI SAT

1 2 3 4 5 6 7

No football OFF WEEK—Enjoy your week!!!!!!

8 9 10 11 12 13 14

Weights Weights Weights

Youth Football Camp 10-12th

15 16 17 18 19 20 21

Team Camp is Mon-Thur.

TEAM CAMP– EVERYONE SHOULD BE HERE 6 pm—8:30 pm

Weights Weights Weights

22 23 24 25 26 27 28

No football OFF WEEK—Enjoy your week!!!!!! Full go on Monday—let’s WIN a Championship

29 30 31



2-Days Start Parent meeting 6:15 pm– Cafe



# August 2012

SUN                      MON                      TUE                      WED                      THU                      FRI                      SAT

**Varsity Practice Times**

Monday—Friday  
 Saturday Time TBA  
 7:30 to 10:30 a.m.  
 4 pm to 6:30 pm

**Freshman Times**

Monday– Friday times below  
 Saturday Time TBA

**Monday the 1st**  
 8:15 a.m. to 1:30

**Tue.—Fri**  
 7:30 a.m. to 1 PM  
 Bring a sack lunch you will  
 have a lunch break

			1	2	3 A.m. only practice	4
					Pigskin Fundraiser Night!!!!	A.m. only practice
5	6	7	8	9	10	11
	2 DAYS (MON-WED)				Scrimmage @ FC	
12	13 Teacher Day Practice 3 pm	14 Teacher Day Practice 3 pm	15 Students 1st Day!!!!	16	17 @ Avon	18
19	20	21	22	23	24 Fishers Home	25
26	27	28	29	30	31 @ Brownsburg	